

Vaccine Safety and COVID Risk During Pregnancy and Breastfeeding



If you're pregnant or breastfeeding, or are trying to get pregnant, getting a full course of COVID-19 vaccines is the best way to keep you and baby safe and healthy.

What You Need to Know

- COVID-19 vaccination is recommended if you are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future.
- You may receive a COVID-19 vaccine booster shot while you are pregnant.
- Evidence about the safety and effectiveness of COVID-19 vaccination during pregnancy has been growing. This suggests that the benefits of receiving a COVID-19 vaccine outweigh any known or potential risks of vaccination during pregnancy.
- If you are pregnant or recently pregnant you are more likely to get severely ill with COVID-19 compared with people who are not pregnant.
- Getting a COVID-19 vaccine can help protect you from severe illness from COVID-19.

Source: [Centers for Disease Control and Prevention](#)

Resources Online: Vaccines and COVID-19

Misinformation about COVID-19 and the COVID-19 vaccine is all around us. The resources below can help dispel some of the myths. For the latest medically and scientifically accurate information, please contact your healthcare provider.

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VACCINE SAFETY

University of Washington School of Medicine et al.: [One Vax Two Lives](#)

American College of Obstetricians and Gynecologists: [Coronavirus \(COVID-19\), Pregnancy, and Breastfeeding: A Message for Patients](#)

Centers for Disease Control and Prevention (CDC): (1) [Vaccines During and After Pregnancy](#); (2) [Receipt of COVID-19 Vaccine During Pregnancy and Preterm or Small-for-Gestational-Age at Birth – Eight Integrated Health Care Organizations, United States, December 15, 2020–July 22, 2021](#)

JAMA Network Open: [Short-term Reactions Among Pregnant and Lactating Individuals in the First Wave of the COVID-19 Vaccine Rollout](#)

March of Dimes: [Birth Defects and Your Baby](#)

V-safe: [CDC Awardee COVID-19 Vaccination Planning Meeting](#)

HOW COVID VACCINES WORK

CDC: [Understanding mRNA COVID-19 Vaccines](#)

GETTING THE VACCINE

American Society for Reproductive Medicine (ASRM): [Patient Management and Clinical Recommendations During The Coronavirus \(COVID-19\) Pandemic](#)

CDC: [Comparative Effectiveness of Moderna, Pfizer-BioNTech, and Janssen \(Johnson & Johnson\) Vaccines in Preventing COVID-19 Hospitalizations Among Adults Without Immunocompromising Conditions](#)

Society for Maternal Fetal Medicine (SMFM): [Provider Considerations for Engaging in COVID-19 Vaccine Counseling With Pregnant and Lactating Patients](#)

COVID-19 DISEASE RISKS

CDC: (1) [COVID Data Tracker](#); (2) [COVID-19 Vaccination for Pregnant People to Prevent Serious Illness, Deaths, and Adverse Pregnancy Outcomes from COVID-19](#); (3) [People with Certain Medical Conditions](#)

JAMA Pediatrics: [Maternal and Neonatal Morbidity and Mortality Among Pregnant Women With and Without COVID-19 Infection](#)

REDEEMER BABY

You can find more information about all stages of pregnancy at [redeemberbaby.com](#).

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